



Small Lap	ABCD	940m
Medium Lap	ABEFCDA	1600m
Large Lap	ABEFGHIJDA	3000m
Start	Start-A	165m
Finish	D-Finish	110m

12:30 U11 Girls (1.8km)	1xMedium
12:45 U11 Boys (1.8km)	1xMedium
13:00 U13 Girls (2.7km)	1xSmall, 1xMedium
13:20 U15 Girls, U13 Boys (3.2km)	1xLarge
13:40 U15 Boys, U17 Women (4.1km)	1xSmall, 1xLarge
14:00 U17 Men, Jnr, Snr, Vet Women (6.2km)	2xLarge
14:30 Jnr, Snr, Vet Men (10.1km)	1xSmall, 3xLarge

	parking
	first aid
	cafe
	toilets
	tent area
	park entrance
	water crossing