



26 January 2011

Dear Team Manager

Northern Athletics Cross Country Championships 2011

Thank you for your club's entry to the above Championships which will take place on Saturday 29th January 2011

Parking

Parking will be on site at Herrington Country Park. Please follow signs from A19 and/or A1. Marshals will direct to parking from the entrance.

Changing facilities

Marquees will be provided for changing.

Registration

Will be signposted in the building next to the Ranger Station. Event programmes and camera registration will also be located at this point.

Presentation

Individual presentations will take place after each race. Team presentations will be made as soon as results are available. All presentations will be announced over the PA System

On Course

Any emergency announcements will be made from the PA System.

Red Cross Staff will be on site throughout the day

Lost children must be taken to the PA area and will only be allowed to leave once staff are satisfied that responsibility has been established

The site is fully accessible to people with disabilities, the course is not. This is due to the undulating topography of the cross country course, toilets that are fully accessible are located in the Start/Finish area. Please ensure that all mobility vehicles (eg wheelchairs) remain on paths and walkways at all times.

Athletes should both bring and wear suitable clothing and footwear.

A specific site for club tents will be situated by the Start Area (see course map)

Travel Directions

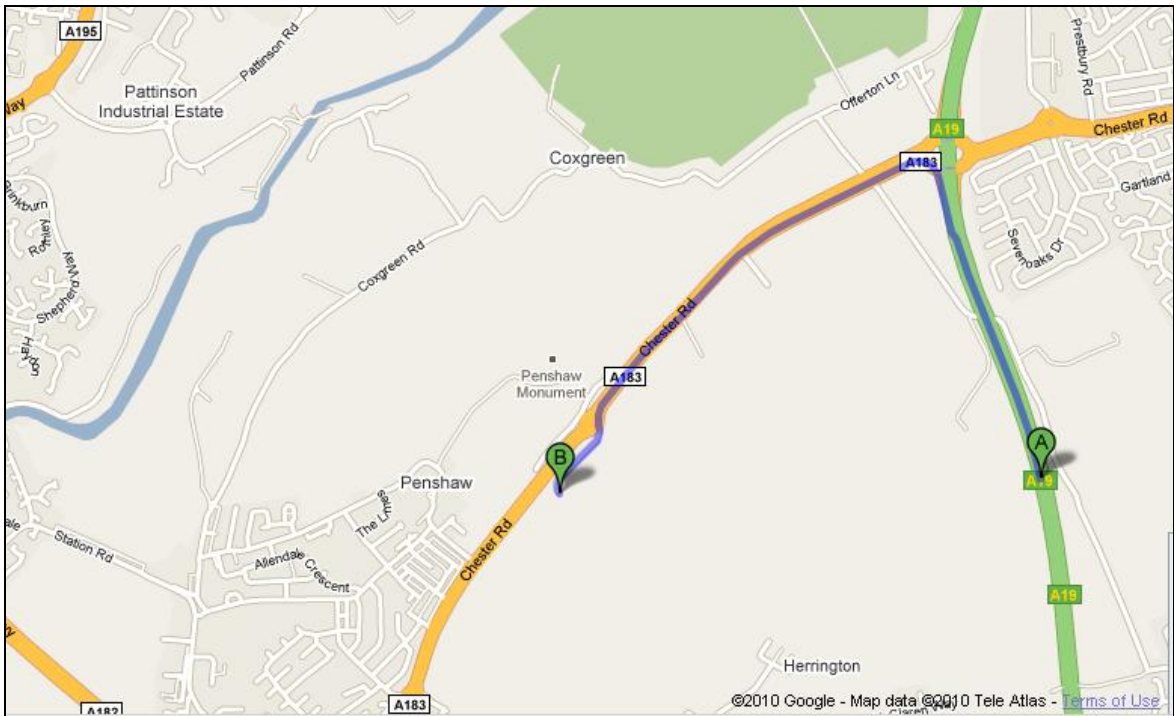
Directions to the venue are printed overleaf.

If you have any queries please contact us at the NA office on 01924 457922

Any on the day emergency queries related to weather conditions etc should be directed to Judith Temperton (07525 045307). Weather updates and all latest information will be posted on the NA website – www.northernathletics.org.uk

Yours sincerely

Judith Temperton



Directions to
Herrington Country
Park from the A19

Address:
Chester Road
Penshaw
Houghton Le Spring
Tyne & Wear
DH4 7EL



Directions to
Herrington Country
Park from the A1(M)