

ORDER OF EVENTS

TIME	TRACK EVENT	FIELD EVENT 1	FIELD EVENT 2
1145		HAMMER M	LJUMP W
1245		HAMMER W	
1300	400M H W		L JUMP M
1310	400M H M		
1325	800M W		
1335	800M M		
1340		DISCUS M	SHOT W
1345	100M W		
1355	100M M		
1400	NON SCORING 100M M+W	HJUMP M	TJUMP W
1405	3000M S/C M		
1425	100M H W		
1430		DISCUS W	SHOT M
1435	3000M W		
1455	110MH M		
1505	400M W		
1515	400M M		
1520	1500M M	JAVELIN M	
1535	1500M W	HJUMP W	TJUMP M
1545	200M W		
1555	200M M		
1605	5000M M		
1610		JAVELIN W	
1630	4 X 100M W		
1640	4 X 100M M		
1650	4 X 400M W		
1700	4 X 400M M		