

Chorley Athletic Club Newsletter
March 2007
www.chorleyac.org



Chorley Athletic Club's Annual General

**Meeting
takes place**

on

Monday 26 March 2007

Starting at 8.30 pm

Venue:

Heapey and Wheelton

Village Hall,

West View,

Wheelton

Free Nibbles, and a drink!

All club members are welcome.

Please attend to ensure you have your say.

The 19th running of the Biffa Roddlesworth Roller 6 mile multi terrain Race, and the 2 mile Daffodil Duddle Race for under 17's and novice runners organised by Abbey Village School took place this year in what can only be described as "usual" conditions – slight headwinds and overcast skies!

The senior race over 6 miles through Roddlesworth Plantations saw three runners dominate the very large entry. Paul Freary, Belgrave Harriers, Tarus Elly, Salford Harriers, and Neil Tattersall, Pendle AC set a searing pace from the start.

However it was the Belgrave Harrier, Paul Freary (31 mins 24 secs) who came home with a comfortable 7 seconds lead, followed by Tarus Elly, and overtaking some of the early leaders, Paul Guinan, Blackburn Harriers taking third.

First female home was Lisa Heyes, now running for Horwich in a time of 39 mins 4 secs. A very much improved young athlete took second place, junior Rachel Searson, Blackburn Harriers clocked 40 mins exactly. Debbie Marsden, Beaumont RC finished third in 41 mins 21 secs.

Rob Jackson, Horwich finished comfortably first male vet, with club-mate Dave Massey just one place behind and first vet 45.

Other category winners are:

1st male vet 50 Steve Williams , Wigan Phoenix 36 mins 10 secs

1st male vet 55 Kenneth Moss, Northern Vets 35 mins 15 secs

1st male vet 60 Chris Slavin, Liverpool Running Club 40 mins 5 secs

1st male vet 65 Doug Brown, Wesham Road Runners 50 mins 2 secs

1st male vet 70+ David Baron, Northern Vets 52 mins 44 secs

Men's teams

1st Blackburn Harriers (Guinan, Nuttall, Hargreaves) 29 pts
Veterans

1st team Horwich (Jackson, Massey, Nolan) 33 pts

Chorley AC's vet's finished 7th overall taking local honours.

Female vets categories:

1st Female vet 35 Linda Clarkson, Darwen Dashers 42 mins 49 secs

1st Female vet 40 Jackie Taylor, Blackburn Harriers 43 mins 52 secs

1st Female vet 45 Lesley Fisher, Burnden RR 43 mins 44 secs

1st Female vet 50 Anne Wallworth, Red Rose RR 44 mins 57 secs

1st Female vet 55 Rosemary Rogers, BS Deestridders 49 mins 20 secs

1st Female vet 60 Judith Deakin, Preston Harriers 54 mins 47 secs

Local Chorley runners finished:

Simon Townsend M40 Chorley AC 40:38

Mike Coppin M60 Chorley AC 59:40

David Taylor M40 Chorley AC 40:54

Emma Perrin FJ Chorley AC 45:21

Roy Paul M55 Chorley AC 41:05

Nathan Lawton M Chorley AC 38:43

Les Paul M60 Chorley AC 59:02

In the hotly disputed 2 mile Daffodil Duddle, Ribble Valley AC runners took most of the major places.

1st home was Robbie Schofield, Ribble Valley in the third fastest time of 9 mins 56 secs, with club-mate Joe Basquill timing in at 10 mins 27 secs.

Local Chorley AC Andrew Holmes ran well to clock 10 mins 39 secs and finish first local club athlete home.

International Leigh Lennon, Ribble Valley AC posted 11 mins 16 secs with Beckie Taylor, Blackburn Harriers second, and April Stevenson, Horwich third.

First team home was Ribble Valley AC (Schofield, Basquill, Yates)

First Local Secondary School : Norden High School and Sports College

First Local Primary School Team: High Lawn CP Bolton (Walker, Nuttall, Walker)

First Abbey Village Boy: Sam Jones M8

First Abbey Village Girl : Anya Townsend F10 Chorley AC

Next year's race is planned for Sunday 9 March 2008 subject to Police/ United Utilities approval



Nathan—first home for the club



Anya—first Abbey Village Girl

PRESENTATION NIGHT

Chorley Athletic Club's presentations for 2005/06 were held at St Peters Club on Eaves Lane with internationalist Michael Churm(2 European gold medals & listed as the fastest in Europe and 3rd in the world in his category) picking up the men's cup ahead of his fellow internationalist Graeme Ballard, John Payn and John Wright. The ladies cup was retained by Laura Livesey for winning the Lancashire 800 and 1500 metre titles plus good contributions to the cross country and Inter-club series.

The cross-country winners were Lucy Croston in the U13/15 girls, Alex Snape in the U13/15 boys, Emma Perrin(who won the SE Lancs. title) the U17/JL with U17/JM award being taken by Andrew Holmes.

On the Roads Stephen Fletcher was the winner ahead of Henry Minorczyk and super vet John Swift. Stuart Swann, Eddie Murray and Mike Coppin were also awarded for completing the series.

In Track & Field Ben Knight won the U13/15 boys and Stephanie Field the U13/15 girls, with, in the U17/JM Simon Sumner beating Andrew Holmes and Sean Wareing and U17/JL Kelly Hilton beating Laura Livesey. In the seniors the amassed points came out in favour of Michael Churm, then Graeme Ballard and third Michael's father Chris Churm.

The Club shields for sporting contributions and achievements were won by Kelly Hilton in the ladies, Ben Knight in the U13/15s, Andrew Holmes in the U17/JM with John Payn deservedly getting the senior shield for not only his 2 world silver medals and European gold but also his enormous Club input for Sports Hall activities in local schools, CAC senior coach, CAC committee member, Chorley BC Sports Forum Officer, Chorley Wildcats officer, schools & CBC liaison officer, primary league co-ordinator for junior Monday nights training & competitions etc.

Awards were also made to Shannon Fadden, Bethany Henry, Maxine Smith, Callum Fadden, Lauren Blackledge, Ellie Coxhead, Eleanor Derbyshire, Alex Mellor, Eleanor Pollard, Connor White, Ashley Smith for the primary league

Normally awards go to the athletes, but there is a body of people who are essential to the athletes being able to perform, and Chorley Committee decided it was time to acknowledge our 'Officials' contributions to this sport...Frank and Cath Crook, John Proctor, Maureen & Glynn Platt, Stuart Swann and Alan Morris. Their skills not only serve our Club, but are exported to other Clubs, the county, schools, the Northern area and even international levels.

What's On

- 24/3 Coniston 14
- 24/3 Fiensdale (7.5)
- 1/4 Southport April Fool 4
- 1/4 Kinder Downfall (10)
- 3/4 Lytham 5
- 7/4 Rivington Pike (3.25)
- 7/4 Pendle Hill (4.5)
- 10/4 Bunny Run (3)
- 15/4 Lancaster 10K
- 17/4 Bunny Run (3)
- 20/4 Park Series begin (Race 1)
- 21/4 ML Track Blackpool
- 22/4 London Marathon

Junior Sessions

**Monday night 18:30 to
19:45 at Holy Cross**

Senior Training

Seniors now meet on Tuesday evening at 6.30 pm at Holy Cross RC High School Science and Sports College



**Pictures needed! —send to editor
or webmaster**

Get your newsletter by email

If you have MS Publisher, you can get your club newsletter by email—just email tdickenson@tesco.net

| Contact | Your contacts | Telephone |
|---------------------------------|------------------|--------------|
| Chair | John Payn | 01257 482210 |
| Secretary | Pat Keene | 01772 422061 |
| Treasurer | Mike Coppin | 01257 241451 |
| Membership | Maurice Houghton | 01257 271507 |
| Promotions etc | Terry Dickenson | 01254 830591 |
| Cross Country | Barry Chester | 01254 832009 |
| Webmaster | Simon Townsend | 07775 756347 |
| <u>Coaching</u> | | |
| Sprints | Frank Crook | 01257 415304 |
| M.Dist/Jumps | Stuart Swann | 01257 482253 |
| Throws | Alan Morris | 01257 416348 |
| Coaching Officer Schools | John Payn | 01257 482210 |
| Track and Field | Pat Keene | 01772 422061 |
| Fell/Road | Mike Coppin | 01257 241451 |
| Under 11's Coach | Maureen Platt | 01254 830775 |

Star performer

New members—contact any club members or any committee member and we will email you a membership form or alternatively take one of the website

www.chorleyac.org

Our Chairman, John Payn has been one of the most consistent performers in the club's history. His GB rankings for 2006 in race walking are: 5th in 5K, 3rd in 10K, 2nd in 20K—think we should encourage him to undertake 40K's more often !
 Congratulations from the club.

The next issue could contain your story—send details via the website or email Terry at tdickenson@tesco.net

Fancy being a **VIPS** (Very important Partner and Supporter)? Yes in Partnership with Chorley Athletic Club, helping out at the occasional meeting, taking up coaching, mentoring another athlete etc. If you do, then let us know. Your help would be especially appreciated during coaching sessions